

TRAINING CONTENT

CANADA EDITION



From the Desk of the CEO

25 years ago, I saw a need in the trucking industry. Companies needed drivers, and drivers needed safety training. That's why we developed the INFINIT-I online training platform.

Over the years, we've delivered training to thousands of companies across North America. But most of those companies were large, despite the fact that over 97% of the industry is made up of small fleets—drivers starting businesses to provide for their families and pass down to future generations. You.

As a business owner who started this company and now works with his kids, I can relate. Small, growing businesses have to be scrappy to stay afloat.

Small fleets may not have the resources of the larger companies, but your drivers still need training because you face the same threats as the big guys: rising insurance premiums, targeted 'get rich quick' accidents, and tight margins.

So, in order to help a vital part of the trucking industry, we developed the Trucking 52 program. It doesn't have all the fancy features (or cost) of our full trucking package, but each piece of content is tailored to trucking best practices your drivers need to know to keep your company (and the country) rolling.

It was developed alongside reputable trucking defense attorneys, insurance loss control specialists, and transportation veterans. It's the best of the best, for less than the cost of a tank of fuel.

The Trucking 52 program has proven itself to our clients. It helps mitigate the risk of accidents, reduces downtime and maintenance costs, and keeps your drivers and company safe. I hope you'll implement this right away.

Jay Wommack, CEO

Visit us at infinitiworkforce.com to learn more.

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This video teaches drivers the correct behaviors and responses to law enforcement individuals and others on scene when involved in an accident.

Backing a CMV

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This video discusses simple steps to make backing a rig in tight corners easier and stresses the importance of paying attention to your surroundings while backing a commercial vehicle.

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Length: 6:33

This video describes the potential hazards and dangers of bridges and overpasses to large commercial vehicles. Proper prevention techniques and reporting procedures are demonstrated in the video. Black ice is also discussed.

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Length: 7:27

This video discusses Canada's Bill C-65 and explains its protections and procedures regarding workplace harassment and violence.

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Cargo theft is an ever-growing issue in the United States, heightening consumer prices, disrupting supply chains, and risking public safety. This video discusses methods to prevent cargo theft, as well as what signs of thievery to watch out for.

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This video discusses the importance of executing a lane change correctly. It demonstrates the correct execution of a lane change and discusses the most common errors made while changing lanes.

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This video provides a detailed description of instruments, gauges, and controls found on the dashboard and in the cab of a typical large truck. Trainees will learn how to locate, understand, and use these tools as well as safety components available to them.

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This video discusses the Customs-Trade Partnership Against Terrorism (C-TPAT) and suggested procedures for drivers.

Distracted Driving Awareness - Screens

Length: 5:25

This video emphasizes the dangers of looking at screens while you drive. It discusses different kinds of screens you may encounter and explains options for putting them away or using them sparingly with hands-free or voice control.

Distracted Driving Awareness - Social Media

Length: 4:39

This video explains the dangers of using social media while driving. It discusses potential damages for using social media behind the wheel and explores ways to resist the temptation.

Driving in Extreme Weather Conditions

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The following safety information will reinforce the safety practices you use to drive and work in extreme weather conditions. The primary point to emphasize as you drive through challenging weather conditions is to proceed slowly and cautiously. Lengthen your following distance so you have time and space to stop or maneuver your trucks.

Driving Through Work Zones

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This is an informative video that every driver should view. It covers work zone related accidents, the high number of accidents that occur yearly and how to avoid them.

Eight Seconds: One Fatal Distraction

Length: 9:52

This video covers what can happen when a driver is distracted for even a moment. It shares several perspectives from families who were impacted by distracted drivers.

Exterior Power Unit and Trailer Inspection

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This video discusses the proper procedures for inspecting the exterior power unit during a pre-trip inspection and emphasizes the importance of checking the tractor and trailer assembly components.

Fatigue Management Part 1

Length: 4:39

Getting proper rest is crucial to safety on the road. Part one of this training module covers the importance of sleep, details about having a sleep schedule, how health issues can affect fatigue levels, and the reality of what "short-term fixes" can really do for you.

Fatigue Management Part 2

Length: 4:42

Learn the specific symptoms of fatigue and sleep disorders and the best methods of staving off fatigue while working on the road

Fixed Object Collisions - Low Speed

Length: 7:31

This video discusses the common causes and solutions for fixed object collisions that occur at low speeds.

Get Out and Look (GOAL)

Length: 6:30

This video explains the importance of getting out of your vehicle to check your surroundings before backing up. It discusses the dangers of backing up, essential techniques for backing up, and the common training method, GOAL, or Get Out and Look.

Handling and Securing Cargo

Length: 7:34

This video covers weight distribution, cargo securement, theft prevention, cargo covering, safe and efficient loading and unloading of cargo, and handling hazardous materials.

Jackknifing

Length: 4:45

Defines the scenario known as jackknifing; describes the physics of the event and describes the dangers of the event; describes and defines trailer pull; discusses the causes of both events and describes prevention techniques and emergency response techniques; defines anti-lock braking systems (ABS) and its role in each scenario.

Merging

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Learn the intricacies and nuances of approaching and correctly performing a merge. This video also explores when to merge early or utilize the zipper merge technique and issues to avoid while merging.

Mountain Driving, Downhill Grades, Downhill Braking

Length: 6:49

This video focuses on how to operate a CMV on mountain roads and downhill grades, the downhill braking technique, and options for facing potential dangers.

Night Driving - 1. The Dangers of Night Driving

Length: 4:24

This video discusses the many dangers of driving during the night time hours.

Personal Conveyance

Length: 7:28

This video discusses the applied revisions to personal conveyance and examples of proper and improper use of personal conveyance.

Pretrip Approach and Maintenance

Length: 10:45

Explains the importance of Pre-Trip Inspection and regular maintenance of the vehicle; describes common neglect of the vehicle, and points out how inspection and maintenance play an important role in the mechanics, compliance, and safety of the vehicle.

PreTrip Component Inspection

Length: 5:25

Drivers are walked through a multi-point inspection of the tractor hood-to-rear axle, so as to ensure a safe and trouble free trip.

Seatbelts

Length: 5:04

This video details the August 2016 seatbelt law update requiring passengers to wear seatbelts.

Speed and Space Management: Part 1 - Speed

Length: 6:28

This video discusses the importance of managing your speed while driving. It explains speed limit regulations, safety precautions, and emphasizes how reducing your speed can save money and prolong your vehicle life.

Speed and Space Management: Part 2 - Space

Length: 5:09

This video discusses the importance of managing the space around your vehicle while driving. It explains the importance of monitoring your following distance as well as considering the space above, below, and to the sides of your CMV.

Speed and Space Management: Part 3 - Stopping Distance

Length: 5:04

This video explains the importance of managing your stopping distance. It defines perception and reactiontime and discusses the components that make up your braking distance.

Tailgating

Length: 6:10

Defines the phenomenon known as Tailgating and the causes of the event; prepares drivers to expect this phenomenon; discusses prevention techniques and how to disengage from a tailgating car; discusses the importance of not tailgating cars ahead of the driver and appropriate following distances for certain conditions.

Turning

Length: 5:49

This video discusses the fundamentals and best practice procedures involving single and multiple-lane turns in a CMV.

Wheel End Component Inspection

Length: 11:31

This video discusses what to check for during a wheel-end inspection. It includes an overview of the general components, an inspection checklist and techniques, signs of notable wheelend problems, and touches on the risk of a wheel-end fire.

CANADIAN HOURS OF SERVICE

Canadian Hours of Service - Part 1 - Introduction

Length: 3:04

This video explains an overview of this series of Content Names. It also describes the basics of the Canadian Hours of Service Regulations.

Canadian Hours of Service - Part 2 - Electronic Logging Devices (ELDs)

Length: 3:04

This video discusses electronic logging device regulations and how they apply to drivers. It also discusses exceptions to the regulations.

Canadian Hours of Service - Part 3 - Definitions

Length: 3:04

This video discusses the terms used in the Canadian Hours of Service Regulations. It also explains the relationship between terms and other regulations.

Canadian Hours of Service - Part 4 - Cycles

Length: 5:52

This video discusses the work cycle regulations. It provides examples and figures of proper work cycles.

Canadian Hours of Service - Part 5 - Exceptions

Length: 5:13

This video discusses the exceptions to the hours of service regulations. It provides examples and specific scenarios for these exceptions.

Canadian Hours of Service - Part 6 - Sleeper Berth Rule

Length: 4:49

This video discusses exceptions to the sleeper berth regulations. It provides examples of proper use of the exception with split sleeper berth times and team times.

Canadian Hours of Service - Part 7 - Daily Logs and Exemptions

Length: 5:01

This video discusses exemptions around the requirements of daily logs.

U.S. HOURS OF SERVICE

Hours of Service Changes in 2020

Length: 2:07

This video outlines the FMCSA 2020 changes to the hours of service regulations, including the CMV short-haul exemption, adverse driving conditions rules, 30-minute break rules, and the new split sleeper berth provision.

Hours of Service - Part 1 - Introduction to Hours of Service

Length: 2:37

This video introduces and discusses who must comply with hours of service regulations.

Hours of Service - Part 2 - The 14 Hour Window / 11 Hour Limit / 60-70 Hour Duty Limit

Length: 3:28

The three maximum duty limits under the hours of service regulations for commercial motor vehicle operators are discussed in detail.

Hours of Service - Part 3 - The Thirty Minute Break and 34 Hour Restart

Length: 2:07

The thirty-minute break and 34-hour restart rules of the hours of service regulations are explained.

Hours of Service - Part 4 - On-Duty Time / Travel Time / Off-Duty Time

Length: 3:37

This video details the differences between on-duty, offduty, and travel time according to FMCSA hours of service regulations.

Hours of Service - Part 5 - The Sleeper Berth Provision *Length: 5:42*

This video covers the nuances of using the sleeper berth to serve required hours off-duty while on the road.

Hours of Service - Part 6 - The Driver's Daily Log Book

Length: 4:06

Even if drivers utilize the updated ELD method of tracking hours of service, it's important for them to know how to fill out daily logs. Some circumstances may require it. So, this video covers the details on what a logbook looks like, what information it requires, how to record this information properly, as well as how long to keep logs and where.

Hours of Service - Part 7 - Interstate Truck Driver Guide to HOS

Length: 1:00

This guidebook, provided by the FMCSA, covers specifics of the hours of service rules. Learn about the regulations, who must comply, time limits, the difference between on-duty and off-duty time, exemptions to the rules, and how to record hours served.

Hours of Service - Part 8 - HOS ELD

Length: 4:25

This section of the hours of service training module teaches how ELDs work, who must use them, and why they are an improvement on how drivers track their hours.

Hours of Service - Part 9 - Exemptions/Exceptions

Length: 2:55

There are driving situations where hours of service may not apply or may function a little differently. In this final section of the HOS training module some of these exceptions and their corresponding rules are discussed.

Hours of Service - Part 10 - Hours of Service Final Rule Visor Card

Length: 1:00

This document outlines revisions published in the June 1, 2020 HOS Final Rule. Such changes are reflected in the sleeper berth provision, adverse driving conditions exception, short-haul exception, and the 30-minute break rule.

Hours of Service - Part 11 - Agricultural Commodity Exemption

Length: 6:22

This video explains exemptions to the standard hours-of-service logging for drivers that transport agricultural commodities. It also explains how exempt drivers should properly log their hours.

SUGGESTED MONTHLY CONTENT SCHEDULE

JANUARY

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